



Web Site <http://www.sutton-in-ashfield-harriers.co.uk>

**Norwich Union Sports:hall U15-U13 UK Final**  
**NEC (Arena) Birmingham**  
**Saturday 12th April 2008**

Dear All

At last today I have received the full details of this event from the Sports Hall Association and I have scanned most of the details and attached them with this letter

Congratulations again with your performances at Grantham, which assisted greatly in building up the mass of points that helped your team to be selected for the above final. You are needed again on **Saturday 12th April** to compete against teams from all over the UK from as far as the Scilly Isles, Scotland and Ulster. All the best Athletes will be there and you will have a chance to show your prowess in the vibrant atmosphere of the National Exhibition Centre Arena Birmingham and meet at least one top Olympic Athlete.

There will be approximately ten area teams, 450 competitors at this event. Remember these have been selected from 15 regional events involving 76 teams and around 3000 athletes which is an indication of your grade of achievement.

Most of you have replied to say you are available but a few have not confirmed, the team list is also attached and if your name is not ticked in the "availability confirmed" column please contact me as soon as possible. Only four athletes wanted to use the bus so due to the cost this is **not** available. If anyone has problems with transport or has available seats in their car, please contact me again so I can try to sort out the travel arrangement without anyone going too far off their direct route to the NEC.. Parking at the NEC is £8 so if you can share a car it would be better. We do get a small grant for this event and I will give a donation to each athlete to give help with transport arrangements once the grant has been sent to us which is about a month after. So I will catch up with you all at the mini league events doing the year, by the way I still have the certificates for Grantham which I will bring to Birmingham.

We will be competing in "**Sky Blue**" so be a little creative "Socks, hair, Sweat bands, Hair bands

All athletes will need to be in trainers with blue or black shorts. Safety pins, numbers and tops will be supplied. A packed lunch and a drink will be needed. The athletes need to be there by 11.00am to register with the team manager and warm up. The competition starts at around 12.00 doors open at 10.30 therefore remember to eat lunch well before that, then snack during the afternoon. From the information we have at the moment the finish time will be around 4.00 to 4.30pm or later if the presentations are prolonged as normal.

Action required

- Confirm that you are available if not ticked on the list
- Send to me Email or Postal address for further information if not on the E mail list
- Continue to train hard on the events listed and avoid injuries at all costs
- Remember you are the **Best** in the East Midlands and representing **Nottinghamshire**

Regards

John Cotton  
Sutton in Ashfield Harriers  
Sportshall Team

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